

**FAMILY HUB**

* Promote family activities happening in the local community.
* Arrange workshops from speakers or professionals from outside agencies.
* Organise regular, flexible, informal discussion groups.
* Invite parents with specific knowledge, experiences or unique skills to run parent learning sessions.
* Arrange befriending sessions between families who have experienced similar circumstances.
* Signpost to correct agencies.
* Use Class Dojo to share information & maintain good communication.
* Ask for your views and ideas with regular questionnaire’s.
* Support families during TAC meetings and other appointments.
* Moving forward begin our Heaton’s Super Siblings support group!
* Use Heaton’s School’s on-site facilities to arrange fun Parent Wellbeing Sessions.
* Support maybe available in the following areas:
	+ Benefits.
	+ Form Filling.
	+ Charity Applications.
	+ Support Letters.
	+ Housing.
	+ Self-Care.
	+ Behaviours.
	+ Mental Health.
	+ Friendships.
	+ Family difficulties.
	+ Transport.
	+ Parenting Strategies.
	+ Healthy Eating.
	+ Training, courses or further education.
	+ Volunteering.
	+ Employment, CV writing.
	+ Grief.
	+ Attendance.
	+ Food vouchers.