

Life skills

In post 16, all students have been working on a variety of 'life skills' within a range of sessions. These activities could be continued during school shutdown. Things that I suggest students can work on at home include:

- Tying shoelaces
- Handwashing
- Sorting laundry
- Making beds
- Ironing
- Folding clothes
- Putting clothes on hangers/in drawers
- Cooking meals
- Shopping (if appropriate)
- Making a shopping list
- Shop for an item, cook it, then (hopefully) eat it
- Following recipes
- Vacuuming

This isn't an exhaustive list, but hopefully will help at home, and develop some amazing skills for the students' futures!

As I have said before, this isn't compulsory, unless you want it to be, then please tell your child I have said they have to do!

If you do have any successes, or just great attempts, send me a picture via dojo and I'll send a comment back, and hopefully we can also use it for some students within our assessments as well!