



## **PSHE POLICY**

**HEATON SCHOOL**

# Heaton School Policy Record

**PSHE Policy Agreed at:  
Teaching & Learning Committee 20.11.18**

Signed and Approved by:

**Headteacher** ----- (Signature)

----- (Name)

----- (Date)

**Chair of Committee**----- (Signature)

----- (Name)

----- (Date)

**To Be Reviewed: Autumn 2020**

**Designated person: J Curtis, Headteacher**

If you require this document in a different format or require further guidance and advice regarding the use or interpretation of this document please contact SHR First on 0161-474-4777.

## Personal, Social and Health Education Policy Statement

P.S.H.E. is an area of the curriculum, which is of great importance for all pupils of Heaton School. It is taught as a discrete subject and across the curriculum when on and off site throughout the school day.

Dinner time, break time and assembly are important areas for the delivery and practice of P.S.H.E. skills, which have clear links with independence training.

P.S.H.E. is delivered by teaching staff, classroom assistants, paramedics and the School Nurse. Heaton School also involves professionals from outside school to offer their expertise within appropriate areas of the curriculum.

The Sex Education Policy has been approved by the school governing body.

Permission is sought from all parents before discrete areas of Sex Education and Drug Education are delivered to the older students. If any student in the lower school requires individual Sex education sessions, permission needs to be sought from parent.

### Aims

To empower students to make informed choices and decisions.

To provide a high standard of care for students who require help and support.

To promote self-awareness.

To promote self-esteem and confidence.

To explore with pupils their emotions and feelings, and help them to express themselves in an appropriate manner.

To encourage socially appropriate behaviour.

To promote an awareness of the importance of keeping safe.

To encourage responsibility for own actions.

To provide accurate information about health and sex education.

To give opportunity for discussion in a safe forum.

To work towards personal independence.

To achieve all students' individual potential.

### Discrete areas covered within the P.S.H.E. Spiral Curriculum

Growing and Changing.

Keeping safe.

Road Safety.

Drugs Education.

Healthy Lifestyles – Healthy Eating.

Feelings.

Bullying.

Personal relationships.

Sex Education.

The following areas will be covered during the school year across the curriculum and in discrete sessions:

Keeping safe and Road Safety.

Drugs Education.

Relationships.

Growing and Changing.

Sex Education

Heaton School has a separate Sex Education Policy, which should be read in conjunction with this policy.

### Implementation

P.S.H.E. is delivered within whole group sessions, on an individual basis and in some areas through single sex group work.

It will be delivered as a Rolling Programmes, which will be revisited as pupils work at different levels of skills, knowledge and understanding.

Areas of growing and changing and sex education will be delivered to Lower School students within the Science National Curriculum.

Healthy lifestyles and areas of safety including Road Safety may be delivered within Food Technology, Physical Education and Geography modules.

Emotions and feelings through R.E.

Students in Lower School, and 14 – 16 yrs will receive weekly sessions of P.S.H.E., which will be reinforced within the National Curriculum and students in Extended Education within discreet PSHE modules, Food Technology, P.E., Outdoor Pursuits, Current Affairs and Social Leisure activities.

Students with Profound, Multiple, Learning Difficulties experience P.S.H.E. through a sensory programme delivered to small groups or one to one.

### Recording and Assessment

Recording will be part of the online Classroom Monitor assessment package.

### Resources

NC 2014 Opportunities and activities - useful for setting Individual Educational Programmes.

“EQUAL OPPORTUNITIES”. This document acts as a guidance dealing specifically with gender and minority groups.

Schemes of work are available for all students and are monitored by the P.S.H.E. co-ordinator.

Resource boxes containing books, videos, picture cards and lesson plans are kept in the resource store area.